You have taken the first step towards experiencing an incredible, possibly life-changing adventure. I encourage you to remain steadfast in your follow-through. I can tell you from first-hand experience that God will bless your efforts.

To help you organize and protect your Study Guide resources, I highly recommend that you use a three-ring binder.

Here are the recommended specifications for your notebook:

**Size & Sleeve**
A notebook with a plastic sleeve on the cover is best.

If you purchased the Study Guide packet online, many of the pages will be front and back, which means that you will be able to fit it in a one-inch binder (1”).

If you download and print the Study Guide pages yourself from the website, you will certainly need more space; therefore, I recommend using a one-and-a-half-inch binder (1.5”).

Of course, if you purchase the Study Guide packet with the notebook online, everything will already be set up for you. Here are some basic guidelines for setting up your own notebook:

**Cover Page**
Put the color title page in the cover sleeve.

**Tabs & Dividers**
You should include five dividers with these categories written on the inserts: Books, Charts, Visuals, Maps, & Reviews.

**Pages Per Section**
Use your Notebook Check Sheet to organize each section in the binder.

**Opening Pages**
To get you started, put the following pages before the first tab:
- Title Page, Daily Reading Schedule, and Weekly Game Plan
- You can throw away these pages if you prefer: First Things First, Notebook Guidelines, What to Expect, and Leader’s Guide

Don’t forget — you can find everything that you need online at www.BiAY.org.